



Saltia Times

Stirling North Primary School Fortnightly Newsletter

Respect - Responsibility - Resilience



Mr McInnes & Miss Dumont held a Science Day at the end of last term.

A note from the Principal - Adam Wilson

Welcome to Term 4

Welcome back to the final 9 weeks of the 2016 school year. Firstly I would like to introduce you to the new look newsletter. We will be slowly transitioning the websites, letterheads & policies to reflect our new brand and new logo. This change is in line with the professional image that we are demonstrating at SNPS.

I would also like to take the time to welcome our 7 new students to SNPS this Term. Although it is very early we are making predictions that we will be starting the 2017 school year with 327 students. If you are not planning on attending SNPS in 2017 can you please let the front office know ASAP.

2017 Staffing

It is with great disappointment that I am informing you that the Deputy Principal, Mr David Ward, will not be returning to SNPS in 2017. Due to family reasons he has decided to move to Adelaide. Although we are not sure which school he will be at yet, we wish him all the best in the future. The Deputy position is currently being advertised.

In more positive news, I am pleased to announce that Mr Ryan Morris has won the Counselor position at SNPS for the next 3 years. This will bring great stability to the leadership team and we congratulate Mr Morris on his appointment.

Homework and Routines

If your house is anything like the Wilson house, we welcomed the school term as we were able to get back to a stable routine. Holidays are a great opportunity for children to unwind, stay up a bit later, sleep in, stay in their PJ's all day and play non stop. But by the end of the 2 week there was an element of craziness where it felt like we needed to get back to reality. There are a few things that we need to focus on again. They are

- having an appropriate bed time (see table below)
- setting time for reading, either the child reads or an adult reads to them (great to do before bed)
- making healthy recesses and lunches again
- the morning routine of wake up, breakfast, clothes on, teeth brushed, bag packed (and play at the end if there is time)

All families have different routines and they will differ depending on the age of the child. Having these night time and morning rituals ensures that everyone knows what they need to do and it can alleviate some of the stress that comes from trying to get to school on time. Also remember the importance of regular attendance on your child's education. *A child without education is like a bird without wings - Tibetan proverb*

	Wake-up time						
	6:00AM	6:15AM	6:30AM	6:45AM	7:00AM	7:15AM	7:30AM
	Bed time						
AGE							
5	6:45PM	7:00PM	7:15PM	7:30PM	7:30PM	8:00PM	8:15PM
6	7:00PM	7:15PM	7:30PM	7:30PM	8:00PM	8:15PM	8:30PM
7	7:15PM	7:15PM	7:30PM	8:00PM	8:15PM	8:30PM	8:45PM
8	7:30PM	7:30PM	8:00PM	8:15PM	8:30PM	8:45PM	9:00PM
9	7:30PM	8:00PM	8:15PM	8:30PM	8:45PM	9:00PM	9:15PM
10	8:00PM	8:15PM	8:30PM	8:45PM	9:00PM	9:15PM	9:30PM
11	8:15PM	8:30PM	8:45PM	9:00PM	9:15PM	9:30PM	9:45PM
12	8:15PM	8:30PM	8:45PM	9:00PM	9:15PM	9:30PM	9:45PM